



Clinical Aromatherapy for Pregnancy and Childbirth, 2e

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This is the most detailed and research-based book available on aromatherapy aimed specifically at those caring for pregnant and childbearing women, especially midwives and aromatherapists. Building on the success of the last edition, this book contains new and expanded information on physiology related to obstetrics, the principles of safe use of essential oils for pregnant and childbearing women, and infant massage. Thoroughly revised and updated to include the latest information on aromatherapy, essential oils, and massage for pregnancy, childbirth, and the post-natal period.

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