



Group Therapy with Children and Adolescents

Paul Ed. Kymissis

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Group Therapy With Children and Adolescents explores a major treatment modality often used with adult populations but rarely considered for child and adolescent treatments. With contributions from experts in the United States and abroad, this book looks at the effectiveness -- in both treatment and cost -- of group therapy as it applies to these particular age groups. As psychiatric techniques have evolved, many varieties of group therapies have been developed and applied to child and adolescent psychiatry. Included in this book is an in-depth discussion not only of the theory and practice of group psychotherapy as used with children and adolescents, but also of the many varieties that have evolved as clinicians have sought new ways of tackling old problems. Include are chapters on adolescents with eating disorders, suicidal adolescents, and adolescents with drug problems. Inpatient, outpatient, education-oriented, and more traditional groups are all considered.

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