



Jiu Jitsu Brasileiro.: Uma história que você precisa saber! (Portuguese Edition)

Antonio Francisco Cordeiro Roza

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Livro feito após uma pesquisa de anos relatando a veracidade de fatos fundamentada em artigos confiáveis. O e-book conta a história do Jiu Jitsu e também os principais personagens que fizeram acontecer e crescer o esporte aqui no Brasil. É surpreendente e empolgante pois muitos destes personagens não são conhecidos pelos praticantes do nosso esporte.

Antes mesmo de desenvolver o Jiu Jitsu aqui no Brasil, existia sim a pratica de arte marcial. Estas artes marciais tiveram outras nomenclaturas e eram similares ao nosso Jiu Jitsu, saiba onde ocorreram algumas das praticas e os períodos correspondentes. O e-book desmistifica muitas referencias erroneas existentes em academias, sites, revistas entre outros.

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