



Fleischlos glücklich: Vegetarier im Kommen (German Edition)

K. Zirkel

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Neun Millionen so genannter Teilzeitvegetarier gibt es derzeit in Deutschland, dazu kommen 6,5 Millionen reine Vegetarier. Die Motive für eine vegetarische Ernährung sind vielfältig und reichen von gesundheitlichen über ethische, ökologische bis hin zu religiösen Motiven. Frauen ernähren sich doppelt so häufig vegetarisch wie Männer.



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