



NONI BALONEY, PUDDIN' & PIE: From Costa Rican Kitchen to the Corners of the World

Lenny Karpman MD

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Dr. Karpman, chef, culinary critic, author and world traveler offers us a feast. His recipe includes love, humor, tenderness, curiosity, cultural sensitivity, exhaustive research, and a pinch of medical knowledge - all simmered in sauces of flowing descriptions and vivid details

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