



How to Be Idle: A Loafer's Manifesto

Tom Hodgkinson

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From the founding editor of *The Idler*, the celebrated magazine about the freedom and fine art of doing nothing, comes not simply a book, but an antidote to our work-obsessed culture. In *How to Be Idle*, Tom Hodgkinson presents his learned yet whimsical argument for a new universal standard of living: being happy doing nothing. He covers a whole spectrum of issues affecting the modern idler—sleep, work, pleasure, relationships—while reflecting on the writing of such famous apologists for it as Oscar Wilde, Robert Louis Stevenson, and Nietzsche—all of whom have admitted to doing their very best work in bed.

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