



Grill it with Levi: 101 Reggae Recipes for Sunshine and Soul

Levi Roots

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He's back and hotter than ever! Levi is getting back to his Roots with over 100 Caribbean- and sunshine-infused recipes for the barbecue and grill.

From his first appearance – guitar in hand – in the *Dragons' Den*, Levi's winning personality and sunny food has brought a taste of Caribbean joy to our dinner plates.

In this book, Levi gets back to his Jamaican influences with over 100 recipes to conjure up those lazy, hazy summer days. He cooks up feasts for the barbecue and grill with fresh, healthy ingredients that have been given his special West Indian twist – think Chicken with Molasses, Sugar and Lime; Calypso Burgers with Tropical Salsa; and Jamaican Snapper Parcels – all washed down with a Sunshine Smoothie.

Grill it with Levi brings together all Levi's passions: healthy, quick and flavourful food, cooking outside and eating with friends. All the recipes can be cooked on a barbecue – or, if the weather's not so sunny – you can bring the summer inside.

Shake that Reggae Reggae Sauce and let's get some soul back into our food!

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