



When You Are Depressed (Difficult Times)

David Allen Sorensen, Barbara DeGrote-Sorensen

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Depression comes in many forms and can affect virtually anyone. It can separate you from God, alienate your friends and family, and make you feel like a stranger in your own life. With encouraging, straightforward, spiritual guidance, this volume is perfect for anyone facing depression personally or dealing with it indirectly. Practical solutions encourage the reader to reconnect spiritually with God, resolve issues, and find peace.

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