



Spiritual Care: A Guide for Caregivers

Judith Allen Shelly

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What did I do to deserve cancer? I don't understand it, but I can't seem to pray anymore. Why does God seem so far away? The idea of dying scares me. How can I cope? What do you say to a person in crisis? When illness or tragedy strikes, you may find yourself caring for a family member, friend or neighbor who asks you for answers to some of life's ultimate questions. How can you meet these deep spiritual needs? This personal and practical book deals with the difficult issues and sensitive situations that caregivers often confront. Judy Shelly explains how to offer spiritual support to those facing suffering, illness or other crises. Shelly considers a variety of suggestions caregivers can put into action, including Christian community, compassionate presence, prayer, Scripture, books, touch and music. In addition, she explains and evaluates alternative therapies that have become popular in the health care and counseling fields. And finally, she reminds caregivers of the need to care for themselves, offering suggestions for finding rest, advice and encouragement. *Spiritual Care: A Guide for Caregivers* is a classic resource book that is now completely rewritten for all caregivers (not just medical professionals and pastors). Here is the guide that will help you meet the spiritual needs of those you love with grace, skill and genuine hope.

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