



Paddling Long Island and New York City: The Best Sea Kayaking from Montauk to Manhasset Bay to Manhattan

Kevin Stiegelmaier

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Paddling Long Island is the only book on the market to depict routes and destinations across the whole of Long Island and the New York City area. And it showcases 50 of the very best. It is a diverse selection, too. After all, according to skill level, weather, personal mood, and other factors, a paddler may want open, fast water one day, but a quiet, protected experience at another time, and something in-between later on. It's all here, from New York City to the far eastern tip of Long Island's Montauk Point.

What's more, the book's guidance and language are geared to wide-ranging skill levels: the novice will be enlightened and encouraged, and the seasoned kayaker or canoeist will be engaged and engrossed. That is because the author's intimate, lifelong knowledge of the area's waterways shines in his descriptions of natural and social histories, humorous stories, personal anecdotes, and beautiful black-and-white photographs.

For example, among the 50 entries, the author tells of Cold Spring Harbor, nestled between Oyster Bay and Huntington, and steeped in maritime history. He gives some back story on Little Neck Bay, home to littleneck clams but also where he says you will likely see a fin flip or a tail splash as the striped bass catch their prey. And he will take you to Setauket Harbor and tell you why it's his personal paddling favorite.

But not all waxes euphoric, as there are practical considerations when striking out on water, and this guidebook is a good friend to have along. It describes the best times to paddle the 50 harbor, inlet, bay, and river routes; alerts readers to each paddle's difficulty level and estimated length; and suggests side trips, optional trip extensions, and alternate routes to paddle depending on weather conditions. Easy-to-follow maps, complete with GPS coordinates and driving directions, add to this book's high value.

In addition, the author provides contact information on local paddling clubs, outfitters, and Internet links. And a final extensive section on personal safety, boat and equipment preparedness, and related topics makes this book an invaluable tool.

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