



The Values Factor: The Secret to Creating an Inspired and Fulfilling Life

Dr. John F. Demartini

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Based on his landmark research and teachings, Dr. John Demartini has discovered the key to fulfillment in all aspects of life.

What is the most important step you can take to achieve the life you've always dreamed of? You might think the answer is something like, *start saving money, get a better job, find my soul mate, or improve my marriage*. Solutions like these might offer temporary satisfaction, but none of them can provide true, lasting fulfillment or help you achieve your unique purpose in life.

The Values Factor shows you how to create a life in which every minute can be inspiring and fulfilling. The first step is to identify what you find most meaningful—the values in life that are most important to you. Once you understand your own unique values and align your life accordingly, you can achieve fulfillment in every aspect of your life: deepening your loving relationships, creating an inspiring career, establishing financial freedom, and tapping into a rich spiritual life.

Dr. Demartini's provocative thirteen-part questionnaire will reveal to you what you value most. The answers may surprise you! Then, each chapter of this book explains how to align every aspect of your life with your true values, so that you can finally achieve the success that you were capable of all along.

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