



Evidence-Based Practice Manual for Nurses

Jean V. Craig, Rosalind L. Smyth

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The Evidence-based Practice Manual successfully breaks down the skills for evidence-based nursing into manageable components. The reader will learn how to find, critically read and interpret a range of research studies, and will discover optimal approaches to helping patients reach decisions that are informed by the best-available evidence. The more-strategic concepts of developing an organisational evidence-based culture and making evidence-based changes at organisational level are the focus of the final section.

- Step-by-step guide to finding, appraising and applying research evidence in nursing
- Teaches skills for successfully reviewing published literature:
 - formulating a focused question
 - developing a search strategy for efficient retrieval of relevant studies
 - appraising the retrieved studies
- All examples are relevant to nurses and nursing
- Reflects contemporary nursing issues
- A new chapter on 'Using research evidence in making clinical decisions with the individual patient' provides practical guidance and tools for decision-making
- A new chapter on 'Using evidence from qualitative studies' explains the complexities of qualitative methodologies and methods in a simple, easily understood way

Online exercises and solutions

- Help the reader test out and consolidate newly acquired skills and knowledge
- Provide an opportunity to critically appraise studies with the following range of designs:
 - qualitative research
 - a randomised controlled trial
 - a cohort study
 - a case control study
 - a diagnostic test accuracy study
 - a systematic review
 - a clinical guideline
- Example solutions are provided, all written by experts in the field.

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