



Les troubles concomitants de toxicomanie et de santé mentale: Guide d'information (Guides d'information) (French Edition)

W.J. Wayne Skinner, Caroline P. O'Grady

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Les personnes qui ont un problème de santé mentale risquent davantage de connaître des problèmes d'alcoolisme ou de toxicomanie, tout comme les personnes qui présentent des problèmes d'alcoolisme ou de toxicomanie risquent davantage d'avoir un problème de santé mentale. Le guide décrit :

- * les symptômes et les causes des troubles concomitants ;
- * les types de traitements offerts, tels les traitements psychosocial et biologiques ;
- * le traitement intégré et son efficacité ;
- * le rétablissement et la prévention de la rechute ;
- * le rôle de la famille ;
- * comment expliquer les troubles concomitants aux enfants.

Ce guide présente en détail les options de traitement des troubles concomitants ; il aborde les mécanismes d'adaptation et la sensibilité nécessaires pour venir en aide aux personnes atteintes de ces troubles – et à leur famille – et favoriser leur rétablissement.

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