



189 Ways to Contact God: Find the Prayer Starters That Work for You!

Marlene Halpin OP

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189 Ways to Contact God: Find the Prayer Starters That Work for You! Marlene Halpin OP

“This work hearkens back to the spiritual classics that say much with few words, in a way that is relevant for today.”

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“Helpful, concrete suggestions on how to pray when life graces us with joyous, ecstatic moments—and when it dishes out the other stuff.”

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“*189 Ways to Contact God* is a wonderful blessing—heartfelt, wise, practical, and bursting with light.”

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There are as many ways to pray as there are people. Whether you have never prayed before or have been praying regularly for years, this book of inspiring suggestions can jump-start your prayer life. The creative, practical tips in *189 Ways to Contact God* will help you stop thinking about prayer and start praying—right now!

Marlene Halpin, O.P., a teacher, spiritual director, and lecturer, is director of the ministry formation program in the Diocese of Kalamazoo, Michigan. She has spent many years praying with both children and adults.

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