



Furchtlos durchs Feuer: Wie Zen-Geist ein Kloster vor den Flammen rettete (German Edition)

Colleen Morton Busch

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Dieser fesselnde Tatsachenbericht zeigt, wie eine kleine Gruppe erfahrener Zen-Praktizierender es schaffte, das Tassajara Zen Mountain Center zu retten. Es ist die wahre Geschichte von fünf Zen-Mönchen - vier Männern und einer Frau -, die während der verheerenden Waldbrände in Kalifornien im Sommer 2008 die Wirksamkeit der Meditationspraxis unter Beweis stellten und das älteste Zen-Kloster der USA vor den Flammen bewahrten.

"Falls Sie jemals Zweifel hegten an der Wirksamkeit von Meditation in unserer heutigen Welt, wird Ihnen dieses Buch eine Vorstellung von 'Erleuchtung in Aktion' geben, die Sie inspirieren wird." Peter Coyote, US-amerikanischer Schauspieler, Regisseur und Autor.



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