



Golf is Not a Game of Perfect

Bob Rotella

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Filled with insightful stories about golf, Dr. Bob Rotella's delightful book will improve the game of even the most casual weekend player.

Dr. Bob Rotella is one of the hottest performance consultants in America today. Among his many professional clients are Nick Price (last year's Player of the Year), Tom Kite, Davis Love III, Pat Bradley, Brad Faxon, John Daly, and many others. Rotella, or "Doc," as most players refer to him, goes beyond just the usual mental aspects of the game and the reliance on specific techniques. What Rotella does here in this extraordinary book, and with his clients, is to create an attitude and a mindset about all aspects of a golfer's game, from mental preparation to competition. The most wonderful aspect of it all is that it is done in a conversational fashion, in a dynamic blend of anecdote and lesson. And, as some of the world's greatest golfers will attest, the results are spectacular. Golfers will improve their golf game *and* have more fun playing. Some of Rotella's maxims include:

-On the first tee, a golfer must expect only two things of himself: to have fun, and to focus his mind properly on every shot.

-Golfers must learn to love 'the challenge when they hit a ball into the rough, trees, or sand. The alternatives—anger, fear, whining, and cheating—do no good.

-Confidence is crucial to good golf. Confidence is simply the aggregate of the thoughts you have about yourself.

-It is more important to be decisive than to be correct when preparing to play any golf shot or putt.

Filled with delightful and insightful stories about golf and the golfers Rotella works with, *Golf Is Not a Game of Perfect* will improve the game of even the most casual weekend player.

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