



Menopause: Bridging the Gap Between Natural and Conventional Medicine

Lorilee Schoenbeck, Cheryl A. Gibson, M. Brooke Barss

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(Twin Streams) The second author is with the Univ. of Vermont, Burlington. Consumer text provides readers with information to use while making decisions during menopause. Contains chapters integrated with natural and conventional treatments for women. Features worksheets and instructions to assess symptoms. Softcover.

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